

For free counseling, legal advice and referrals, reach out to the following:

National Association of Professional Environmentalists – **NAPE** Gender Office
+256775602065

Strong Minds Uganda

Dial *252#, YES, then select option 10
This service is free for MTN and Africell users.

(Airtel users incur a network charge of 160 UGX)

Airtel users text or dial
0759849222

To chat on Whatsapp use
 **0323200666**

ABOUT NAPE:

National Association of Professional Environmentalists (NAPE) is a national lobby and advocacy NGO committed to sustainable solutions to Uganda's most challenging environmental and economic problems.

For the past 23 years, the organization monitors government actions, supports women to assert their constitutional rights, conducts research, provides educational materials, develops science-based strategies, mobilizes affected communities, connects other civil society organisations and international organisations, engages government on human rights and natural resources governance.

GET HELP TODAY

Counseling



Legal Advice



Referrals



DO NOT SUFFER IN SILENCE.

Report GBV Now, Get Help Today!

GBV Service Provision During Covid-19

According to the Uganda Police, the COVID-19 pandemic has escalated the risks for Gender-Based Violence (GBV) in Uganda.

Pandemic control measures including the lockdown, limitations in public transport, and restrictions on gatherings have increased vulnerabilities to GBV as victims find difficulty in reporting cases or seeking help.

Furthermore, slowed economic activity and resultant loss of income and livelihoods has worsened the situation for victims.

Report GBV Now
To report any form
of violence against
girls and women call:

Uganda Police
0800199033

Sauti GBV services
0800200600



To confidentially report incidents of sexual violence:

Use the SAFE PAL app today. SafePal is an online platform that connects survivors of GBV to essential services including psychosocial, legal and medical services.

Download **Safe Pal** from your Google Play Store or visit **www.safepal.co**.

1

Click on the report icon, and start the reporting process.

2

When a case is submitted, SafePal will instantly notify the relevant service provider, who will respond to your case as soon as possible.

3

Your incident report will usually be attended to within **72 hours**.

4

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Uganda Network on Law, Ethics
and HIV AIDS – **UGANET**

0800333123/0800333122

Sauti GBV services **0800100150**